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TERRIFYING TREATS
BOG BARS FOR LAST MINUTE HALLOWEEN TREATS {page 20}

LULLABY
AVRIL'S LATEST FAILING TO SPARK BUZZ {page 16}

CALGARY metro®
Monday, October 31, 2011
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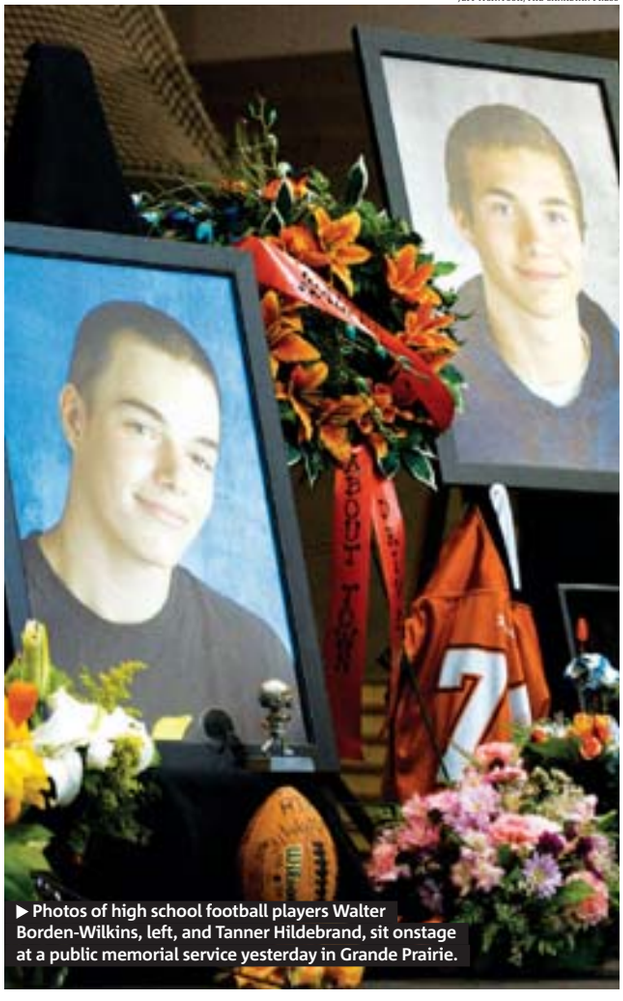
News worth sharing.

JEFF MCINTOSH/THE CANADIAN PRESS



▶ Photos of high school football players Walter Borden-Wilkins, left, and Tanner Hildebrand, sit onstage at a public memorial service yesterday in Grande Prairie.

'We can't thank you enough'

Families of high school football players killed in crash are grateful for support, prayers, coming in from across Canada

The families of four high school football players who died in a car crash in northern Alberta say the support they've received from many people across the country and beyond has helped them cope with the tragic loss.

"It's made it a little bit better for us. We can't thank you enough," Darren Davidson, whose stepson Walter Borden-Wilkins was killed in the crash, told a public memorial service held yesterday in Grande Prairie.

Borden-Wilkins, 15, Tanner Hildebrand, 15, Matthew Deller, 16, and Vince Stover, 16, died on Oct. 22 when the vehicle they were in crashed with a pickup truck.

Private funeral services for all the teens were held last week, but their families said that yesterday they wanted to remember the good times.

A stage in the community's arena was lined with photos of the boys.

A choir, whose members wore black robes with orange ribbons over their hearts, performed at the service.

Orange is the colour of the uniforms of the Grande Prairie Composite High School Warriors, which is the team all four of the boys played for.

A fifth teen, who also played for the Warriors, was severely injured in the crash and remains in an Edmonton hospital.

Grande Prairie Mayor Bill Given told the service he was amazed by the amount of support shown to his community by people across North America.

Many high school football teams honoured the players with moments of silence during games in the past week.

Brenden Holubowich, 21, faces 11 charges in connection with the crash, including impaired driving causing death and failure to remain at the scene. He is due to appear in court today.

The public memorial followed a dramatic win Saturday by the Warriors, who routed the Sexsmith Sabres 40-0 in the Mighty Peace Football League semifinal game to advance to the league's championship.

Coach Rick Gilson, who's also the school's principal, said the team held an emotional moment of silence before the start of the game. THE CANADIAN PRESS

Pros to show support

▶ **Warriors logo.** The Edmonton Eskimos and Calgary Stampeders of the CFL have also said they would wear a logo of the Warriors on their helmets for their final two regular-season games.

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WAS $26,095

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price includes $1,000 Cash for Clunkers Discount

P110667

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C111791

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$92 bi-weekly

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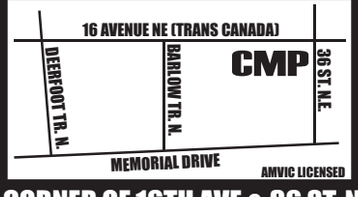

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Witness recounts fatal collision

Stopped at a red light at the intersection of Sarcee Trail Northwest. and John Laurie Boulevard, Wayne Perepelitz said he saw what he thought was a minor fender-bender up ahead.

The Sherwood Park resident had been heading back to his sister's house around 1:30 a.m. yesterday when he pulled up to the crash.

"I got a little closer and I noticed there was a person lying on the ground, so I just stopped the car right away and jumped out," he said.

Perepelitz, 32, was one of the first on the scene of a collision between a Dodge Caliber carrying three young males and a truck driven by a 44-year-old male.

One 20-year-old male was thrown from the vehicle.

Perepelitz said he rolled the victim on his side so he wouldn't choke and held him up while he called 911.

The ejected male was transported to hospital but later succumbed to his injuries, according to police.

The driver of the vehicle, also 20, was pronounced dead on scene and the third occupant, 19, received minor injuries. The driver of the other vehicle was not injured, police said.

"It's just tough to see," said Perepelitz. "They were such young kids."

KATIE TURNER

KATIE TURNER/METRO

▶ Telus Spark, the new science centre, opened on Saturday. The new annual-pass pricing system has caused some debate among Calgary parents.

Science centre prices have parents exploring options

- Telus Spark is Canada's first new science centre in more than 25 years
- Those who purchase passes outside Calgary will not have access to it

KATIE TURNER
@METRONEWS.CA

Frustrated parents are considering purchasing science-centre memberships outside Calgary to save some cash.

Calgary's new science centre, Telus Spark, has moved to a new pricing system that allows each family to build their own package rather than offering a family pass.

The former annual family pass for two adults and two children under 12 cost about $160, while the cost for the same-size family at the new centre ranges from $204 to $320.

Several parents such as David Hartwick say they're considering purchasing an annual membership at another science centre because of the significant jump in pricing.

"Next time I go to the States, I'll probably buy an annual pass," said Hartwick, adding depending on where he purchased the pass, it would will allow him and his two kids to visit other science centres for free.

"Does that then encourage me to go support the science centre in Edmonton instead of my own? Quite possibly."

Gina Meroniuk, a parent of two kids, said she doesn't agree with purchasing a pass outside of Calgary and thinks the new pricing system is fair for everyone.

"You live here in Calgary, you need to support the resources here in Calgary," she said.

Because she and her two children travel to Edmonton often, Tracy Hill said she will likely purchase a pass in the province's capital — a move that will save her a minimum of $70.

"It makes more sense for us to purchase a pass in Edmonton other than paying per time."

Affordability

- Premier Alison Redford said the centre needs to be accessible to all children.
- A Facebook page called People for an Affordable Calgary Science Centre has been created.
- At last check, there were more than 200 people who had Liked the page.

1 news

Universities are trying to prevent students from getting discouraged with their studies and eventually dropping out. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

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The recent agreement on the EU's plans to bail out Greece promises to have the expected warming effect on the markets. Video at metronews.ca

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KATIE TURNER/METRO

▶ Tracey Braun, pictured in Riley Park, says paganism is a nature-based religion, with many of its holidays centring around the moon and sun and the changing seasons.

Something Wicca this way comes

Thousands of Calgarians share their beliefs, witches say ▶ Beliefs among groups of witches can vary widely

JEREMY NOLAIS
@METRONEWS.CA

When you're a witch, the phone seems to ring a little more around Halloween, Calgarian Tracey Braun says.

"It's just that Halloween has become the thing that people associate witches with, so it's usually around this time people start to call around and say, 'Hey, do you know any?'"

The stereotypical association of witches with Halloween can be frustrating because most people don't understand the underlying religious beliefs, Braun says.

"When I was Christian, it's not like everyone called me at Christmas and said, 'So tell me about Christmas.'"

Sally Patton says that when she and fellow Calgary witches get together they don't fly around on brooms.

"We would if we could," she adds with a chuckle. "We would love to be able to do all the things they do on Bewitched. Unfortunately, they only work in Hollywood."

Fun aside, Patton says her beliefs fall more into line with the pagan religion Wicca. She believes in equality and in a God that is both male and female in essence. And she has been known to conjure up and share herbal recipes.

"It's not that witches just pop out of the woodwork at Halloween," Braun adds. "We have holidays throughout the year."

WITH FILES FROM KATIE TURNER

Which is witch?

- **Witches typically do not** try to recruit others to the faith, Sally Patton says, but leave people free to choose their own path.
- **Patton says she is not** offended by Halloween and its portrayal of witches. In fact, she buys into the fun, donning a pointy hat for the occasion.

COLLISION

Jeep driver sought in deadly hit-and-run

Calgary police are looking for a light coloured, two-door Jeep with a dark top after a 22-year-old woman was struck and killed Saturday night.

The incident happened at about 9:30 p.m. on Macleod Trail and 4 Avenue Southeast, police say.

The Jeep may have been damaged on the front passenger side. It was last seen travelling eastbound on Riverfront Avenue from Macleod Trail Southeast.

The woman was taken to hospital where she died of injuries sustained in the collision.

Police have launched an investigation. Anyone with information is asked to call Greg Mercer at 403-567-4053, or Crime Stoppers at 1-800-222-TIPS (8477).

METRO

Woman faces murder charge

First-degree murder charges were laid Saturday against Calgary resident Diane Ruby Palmantier, 38, after a severely injured woman was left to die at a Calgary hospital last week.

On Friday, a man driving a truck dropped the victim and another woman off at the hospital. Both were taken into custody, but the man was released.

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Occupy. Snow

▶ A snowman stands at the entrance to an Occupy Maine camp in Portland yesterday.

ALTAF QADRI/THE ASSOCIATED PRESS

Storm knocks out power to millions

More than three million customers in the U.S. Northeast were without power as an unseasonably early storm dumped heavy, wet snow over the weekend. More than 60 centimetres fell in some areas, with at least 11 deaths reported.

Warming skeptic changes his tune

Study of world's surface temperatures took two years ▶ Was bankrolled by global-warming deniers

A prominent physicist and skeptic of global warming spent two years trying to find out if mainstream climate scientists were wrong. In the end, he determined they were right: Temperatures really are rising rapidly.

Richard Muller pursued long-held skeptic theories in analyzing the data. He was spurred to action because of "Climategate," a British scandal involving hacked emails of scientists.

1 C

Degrees that the study says the temperature of the world has risen since the 1950s.

Yet he found that the land is 1 degree Celsius warmer than in the 1950s. Those numbers from Muller, who works at the University of California, Berkeley, and Lawrence Berkeley National Lab, match those by the National Oceanic and Atmospheric Administration and NASA.

He said he went even further back, studying readings from Benjamin Franklin and Thomas Jefferson.

THE ASSOCIATED PRESS

Imam falsely charged in Saudi Arabia: Witnesses

Eyewitnesses and a human rights group are imploring the Canadian government to act fast after they say an Edmonton imam was beaten, arrested and falsely charged while on pilgrimage in Saudi Arabia.

Usama Al-Atar was leading a prayer recitation in the holy city of Medina yesterday morning when members of the country's religious police reportedly asked the small group to move along, said a British member of the group.

Mohamed Hayward said the officials then proceeded to harass the pilgrims and zeroed in on Al-Atar.

"We were set upon by about 10 to 15 of these religious police and at the end of it all he got jumped and arrested," Hayward said yesterday in a phone interview from Medina.

"They virtually strangled him. We saw him go black and blue."

▶ Usama Al-Atar in a photo from his website.

Hayward said the 33-year-old Canadian didn't try to resist the roughing up and remained passive, but authorities still went on to arrest him.

"Now he's languishing in a jail," he said, adding that Al-Atar is expected to appear in court today to face unclear charges.

Canada's Department of Foreign Affairs said yesterday that diplomats in Saudi Arabia are aware of the arrest and are ready to provide consular assistance.

The Islamic Human Rights Commission has picked up on Al-Atar's case and is calling for his immediate release.

THE CANADIAN PRESS

The background

- Massoud Shadjareh of the Islamic Human Rights Commission says Al-Atar's case is an example of concerns the commission has had for a while in a country where most authorities belong to the Suni Muslim sect and reportedly victimize those who practise other forms of Islam. Al-Atar's group follows the Shia faith.
- Shadjareh added that Saudi Arabia is also on edge about international pilgrims flocking to holy sites this year because of recent uprisings in the Arab world.
- But a western pilgrim being detained for as long as Al-Atar has is atypical.

Feds were warned of hackers

Canada's spy agency warned the federal government they were under assault from hackers just weeks before an attack crippled computers.

The newly released assessment sounded the alarm about fake emails that shut down networks two months later.

THE CANADIAN PRESS

Afghan mission a risk: PM

There is no way for Canadian soldiers to work in Afghanistan without "significant risks," Prime Minister Stephen Harper said yesterday in the wake of the death of a soldier.

With the combat mission over, Canada will remain in the country to train until 2014.

THE CANADIAN PRESS

Pundit dubs Ford the worst

A firestorm over a 911 call peppered with expletives has earned Toronto's embattled mayor Rob Ford a dubious honour south of the border.

U.S. political commentator Keith Olbermann called the mayor the "worst person in the world" on his Friday show.

THE CANADIAN PRESS

Afghans bowl in war-torn Kabul

- Entrance to alley behind blast-resistant steel doors
- 'Afghanistan needed a place like this': Owner

In an Afghan capital scarred by years of war, a young Afghan woman has bet $1 million US that her countrymen could use a little fun.

Located just down the street from Kabul's glitziest mall is The Strikers, the country's first bowling alley, and owner Meena Rahmani's gamble on the capital's newest entertainment venue.

But more than a place for family fun in a city largely devoid of options, the 12-lane centre stands as a reflection of both the country's hope for the future and the challenge of securing one even as NATO's fight against the Taliban enters its 11th year.

Aside from the cultural significance of such a centre, building the bowling alley was a massive undertaking.

All the equipment is imported, the engineers came from China and the alley is powered by several industrial-sized generators. Its entrance sits behind blast-resistant steel doors guarded by burly men toting AK-47 assault rifles.

MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

▶ Meena Rahmani, 26, owner of The Strikers.

"This was a huge project," said Rahmani, but "we were committed to it."

Rahmani has gambled $1 million of her own money — secured from the sale of family land — that the centre will not only help bored Afghans kill a few hours, but also a place where men, women and families can gather and relax, not burdened by the social, religious and cultural restrictions that govern daily life in the impoverished country.

Inside, several dozen Afghans, most of whom learned to bowl abroad, seem to agree. In the month since it opened, The Strikers has become a hit.

"Here, on our days off, we walk aimlessly in the streets," said Navid Sediqi, a 29-year-old businessman.

He said he used to begin his weekend by logging onto Facebook and chatting with his friends online. After Friday prayers, they would go to picnic areas or parks, and sit and chat.

The alley seemed like a good antidote to boredom.

But the daily reality of life in the troubled nation is clearly reflected outside the alley's main door.

In a country where restaurants frequented by wealthier Afghans and Westerners require patrons to check their guns at the door, bowlers get frisked by security before entering the building. It's not without reason — a nearby shopping mall was hit twice by insurgent attacks since it opened in 2005.

Above the second steel door is a sign all too common: "No weapons."

THE ASSOCIATED PRESS

Flocking. Downtown

▶ A shepherd leads a flock of sheep along a downtown street yesterday during an annual parade in Madrid.

ARTURO RODRIGUEZ/THE ASSOCIATED PRESS

Shepherds not sheepish about march

Spanish shepherds led about 5,000 sheep through the streets of Madrid yesterday in defence of ancient grazing, migration and droving rights threatened by urban sprawl and man-made frontiers.

Chinese cop arrested after crash

A police officer was suspected of driving a police van drunk and killing five people when a vehicle knocked over two lamp poles, crushing people below in central China.

Angry crowds smashed and flipped police cars in the latest burst of public anger against authorities.

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Bosnia	13.9 ¢/min	Italy	1.9 ¢/min	Sri Lanka	9.9 ¢/min
China	1.9 ¢/min	Lebanon	7.9 ¢/min	Trinidad	4.9 ¢/min
Colombia	from 3.9 ¢/min	Mexico	from 1.9 ¢/min	U.A.E.	14.9 ¢/min
Cuba	89.9 ¢/min	Pakistan	5.9 ¢/min	U.K.	2.9 ¢/min
El Salvador	9.9 ¢/min	Philippines	11.9 ¢/min	Vietnam	4.9 ¢/min
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ENDANGERED SPECIES

Panel inquiry may limit access to prized catch

Huge chinook salmon are the most prized catch on the Pacific coast for fishermen on both sides of the Canada-U.S. border, but they may soon have to share the bounty if a scientific panel links chinook and the survival of endangered southern resident killer whales.

The panel has about three dozen studies and reports to analyze before a decision is made at the end of 2012.

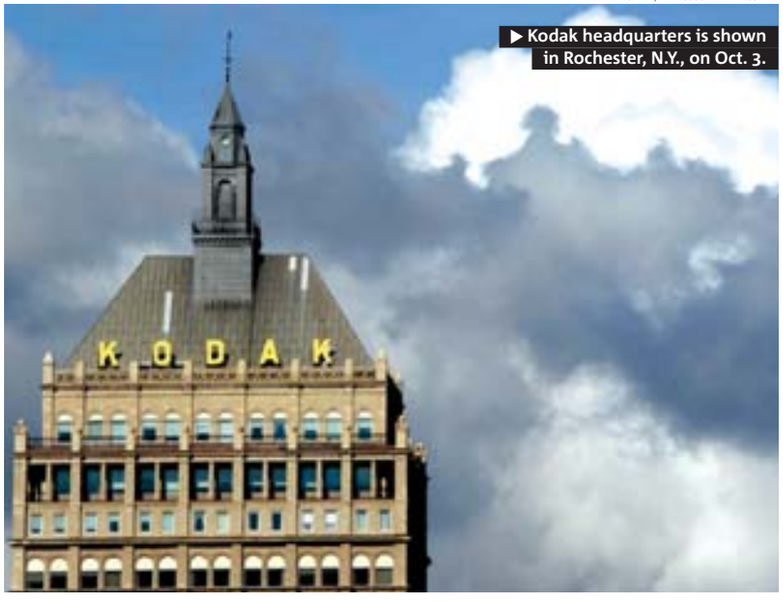
There's great interest from sport, commercial and First Nations fishermen in the recommendations because of the implications on the lucrative fishery, said panel member Andrew Trites.

Panel chairman Ray Hilborn said their job isn't to make a fisheries management recommendation but to evaluate the science behind an assessment that limiting the fishery will benefit the whales. Studies have shown there's a link between poor survival of southern residents and low chinook abundance. he says. THE CANADIAN PRESS

Kodak playing catch-up by plugging into patents

Company had $957 million in cash in June, down from $1.6 billion in January ▶ Nearly $3 billion in patent-licensing fees garnered over 3 years

DAVID DUPREY/THE ASSOCIATED PRESS FILE



▶ Kodak headquarters is shown in Rochester, N.Y., on Oct. 3.

Picture this: Kodak — the company that invented the first digital camera in 1975, and developed the photo technology inside most cellphones and digital devices — is in the midst of the worst crisis in its 131-year history.

Eastman Kodak Co. is betting that a big cash infusion from the sale of 1,100 digital-imaging inventions will see it through a transition that has raised the spectre of bankruptcy.

Kodak popularized photography over a century ago. It marketed the world's first flexible roll film in 1888 and transformed picture-taking into a mass commodity with the $1 Brownie camera in 1900. But for too long it stayed firmly focused on its 20th-century cash cow, and failed to capitalize quickly on its new-wave know-how in digital photography.

Kodak has been playing catch-up. Pummelled by Wall Street over its dwindling cash reserves — and its attempts to reinvent itself with digital imaging and printing — Kodak has been hawking the digital patents since July. "One thing I would stress is: It is our intention to retain a licence to any of the intellectual property we sell," says Kodak spokesman Gerard Meuchner. "It's like you sell the property but still get to live in the house."

Many financial analysts foresee the portfolio fetching $2 billion to $3 billion. But others think Kodak can haul in far more than that. That's because patents have become highly valuable to digital-device makers who want to protect themselves from intellectual property lawsuits.

"There is an all-out nuclear war right now for global dominance in smartphones, tablets and mobile devices, and Kodak has one of the largest caches of weapons sitting there," concurs Christopher Marlett, chief executive of investment bank MDB Capital.

Even a hefty return, skeptics counter, won't solve Kodak's struggle to close out a nearly decade-long transformation and return to profitability in 2012 after running up losses in six of the last seven years.

"All the extra cash does is give you a lifeline for a short period. And then, poof, you're back in the same position without the assets to sell," says analyst Shannon Cross of Cross Research. THE ASSOCIATED PRESS

Market moment

TSX	Dollar	Oil	Natural gas	Gold
+ 54.07 (12,519.51)	- 0.06¢ (100.82¢ US)	- $0.64 US ($93.32 US)	$3.91 US (+ 14¢)	$1,747.20 US (- $0.50)

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PREMIER'S DUI PLANS ARE SCARY

HIGH PLAINS DRIFTER

JAMES CALLSEN
METRO CALGARY

I'm about to be the bogeyman this Halloween. I'm going to speak against something considered so righteous and infallible that I am currently risking social ostracism.

I'm talking about drinking-and-driving legislation and the proposed changes that Premier Redford is discussing.

Alison Redford is saying she not only supports B.C.'s hard-hitting drunk-driving laws but also would like to see something similar in Alberta, meaning anyone caught blowing over 0.05 would see their car towed, a stiff fine and a three-day suspension.

Let me make something blatantly clear. I don't think driving drunk is OK. I don't think it's even excusable, but it frustrates me as I've always considered the long arm of the law to be the final resort, as opposed to the first.

> **"Before we start throwing the book at parents who had two glasses of wine at dinner, let's look at expanding the ways to get people home safely and easily. How about C-Trains that run past closing time? How about more cabs on the streets past 2 a.m.? How about "drunk express" bus routes around bars ..."**

Why do people drink and drive in the first place? I'm going out on a limb here and saying it has less to do with people who think it's acceptable to be plastered behind the wheel and more to do either with people who don't realize that they're that drunk or with people "risking it" because, while they may not be "over the line," they see driving as the easiest (and cheapest) way to get home.

Before we start throwing the book at parents who had two glasses of wine at dinner, let's look at expanding the ways to get people home safely and easily. How about C-Trains that run past closing time? How about more cabs on the streets past 2 a.m.? How about "drunk express" bus routes around bars, not unlike the rapid lines that run out of the suburbs every morning?

If 0.08 is considered legally drunk, what is 0.05 considered? On your way to being drunk? To me, that's like arresting two men in an argument on a sidewalk because the potential is there for them to come to blows.

It moves drunk-driving law out of the realm of drunks and into the world of casual imbibing. Throw the book at people legally drunk behind the wheel, repeat offenders and drunks with kids in their cars, but can we please look at common-sense alternatives for drinkers who just want to get home in a timely, safe and inexpensive manner?

Have a happy Halloween. If you're looking for me, I'll be having my two post-work cocktails from the safety of my couch. I don't want to make the police my bogeyman this year.

James Callsen is the news voice on one of Calgary's top rock stations, x92.9. Follow him on Twitter @newsboycallsen

Register at metropolitanpanel.ca and take the quick poll

New tattooed Barbie: Bad influence or badass?

Local tweets

- **@mattske83:** I think it's this bus drivers mission to hit every possible bump on the road. She must want my intestine unravelled & left on the bus. #yyc
- **@Joelene:** Such a beautiful morning in #YYC! Heading to #Calgary Farmers Market! Such a wonderful de-stresser.
- **@MissiGerry:** Oh no, snow in the overnight forecast for #YYC welcome back winter #relentless
- **@madeline014:** Awful weekend on #yyc roads. Heartbreaking
- **@TrinaMb:** Making up candy bags for the gouls and goblins - hope they'll like the @cityofcalgary swim passes too. #yyc #halloween
- **@Deb_wearsPink65:** WAY TO GO @calstampeders! You look like a playoff team! So proud of all of you! #CFL #GoStampsGo #yyc
- **@odddan:** Yet another incredible #yyc day.
- **@jeremynvoon:** Walking on the new River Walk Pathways in front of Riverfront. Very nice & modern!!! #yyc #awesome #alberta

Letters

RE: Confession: I have a thing for the GOP, published Oct. 27.

I am a fourth year Simon Fraser University student taking a course that focuses on Canadian racism, classism, and sexism. Mr. Mazerolle's column was used as an example of racism in the media in our class. In fact, his article was such a strong exemplar that it became the star of our class discussions addressing various aspects of racism, including what is called cultural racism and the homogenization of racism.

Cultural racism, also known as the "new racism" refers to individuals or groups of people making claims that particular ethnic groups are inferior based on their race, nationality, religion, sexual orientation, and so on.

The article was culturally racist towards: Americans (it offended the U.S. citizens in our class, irregardless of their race, nationality, religion, gender, class, sexual orientation), Conservatives, and Christians who are part of a group that represents a 33,000+ total number of "Christian" denominations.

MARYANNE, VANCOUVER

photo of the day

▶ This photo titled I Really Don't Like You, was submitted to the Moments of my Life category by vinny from Quebec.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Even if you sell it, they will still come

The sprawling eastern Iowa cornfields made famous by the movie Field of Dreams are being sold to a company that will preserve the site's baseball legacy, the owners announced yesterday.

Don and Becky Lansing said they have accepted an offer from Mike and Denise Stillman and their company, Go the Distance Baseball LLC, which will develop the site near Dyersville as a baseball and softball complex.

"We worked hard to maintain its wholesome allure, and our success says a lot about our nation's love affair with its national pastime," Becky Lansing said in a statement. "It truly is a special place."

The land has been in Don Lansing's family since 1906. The couple put the property up for sale at $5.4 million US in May 2010. The parcel includes the two-bedroom house, baseball diamond, six other buildings and 193 acres — mostly cornfields — from the movie.

The Lansings said earlier this year that they had received several inquiries about the site but were committed to finding a buyer that would preserve its legacy. **THE ASSOCIATED PRESS**

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Bikers and the Bard

Kim Coates might look the part of a gritty gang member, but The Sons of Anarchy actor loves Hamlet as much as his Harley ▶ Reveals what to expect on the second season of SOA

Kim Coates is so convincing on Sons of Anarchy that real-life bikers like to give him their opinion of the show.

Case in point. Coates was at the gym a few years ago when an ex-biker club member got right in his face.

"Listen man," Coates recalls the guy saying, "I'm not gonna pull any punches." Using colourful language, the biker went on to tell Coates that while he enjoyed his performance, he had problems with the show.

The 52-year-old actor calmly stood his ground. "I said to him, 'It's a TV show. Based on some truths, based on Hamlet metaphorically, but it's a TV show.'"

Maybe it was the Hamlet reference that soothed the dude. Maybe it was Coates' Harley out front. Whatever, Coates was able to make the case that he was "just trying to do a television show within the genre of the biker world."

Canadians who have not yet found the series on the Pay TV service Super Channel can catch up from the beginning when it premieres tomorrow night at 10 p.m. on FX Canada. The new Rogers-owned specialty channel launches tonight.

Coates loves being on Sons of Anarchy and is thrilled the series set an FX premiere ratings record when it returned in the U.S. last month for a fourth season. The Saskatchewan native has never been busier. Besides Sons of Anarchy, he was a familiar face on the just-finished HBO series Entourage.

HANDOUT

▶ Saskatchewan native Kim Coates has been busy lately with roles in Sons of Anarchy, the recently-ended HBO series Entourage and five different films.

Coates has roles in five films set to come out, including Sacrifice with Cuba Gooding, Jr., and A Little Help opposite Jenna Fischer (The Office). He was at the Toronto International Film Festival last month to promote the rowdy hockey movie Goon (co-written by Jay Baruchel). Seann William Scott, Alison Pill and Eugene Levy also have roles in the film, which will be released next year.

When not working, Coates feels at home on his Harley, a custom-built Wide Glide. "Got to kind of design it myself from Eagle Nest Harley in Sacramento," says Coates, one of only two SOA cast members with biker cred heading into the series.

Despite his onscreen image — often as the creep next door — in over 40 films, Coates is a pussycat himself, a dedicated family man married for 26 years with two grown daughters.

As for the Shakespeare metaphor, Coates is equally at home around Hamlet as he is on a Harley. He starred as Macbeth at Stratford when he was just 27 (singling out director Tom Kerr as "my mentor") and enjoyed a run on Broadway as Stanley Kowalski in A Streetcar Named Desire.

His love of theatre began at the University of Saskatchewan where he took a drama class "just for fun." He wound up doing play after play over four years, "an amazing learning ground for me."

He gets the Hamlet thing on SOA and credits series creator Kurt Sutter with turning this outlaw biker crew into compelling television. "Kurt's an amazing storyteller," says Coates.

"All I know is that things are happening this year. Stuff is going down"

KIM COATES ON THE UPCOMING SEASON OF SONS OF ANARCHY

There was one time when Coates felt Sutter made a wrong turn on the series. Without spoiling what happens in Season Two, there is a moment when Tig (Coates) gets cozy with Gemma (Katey Sagal), the wife of the club president, Clay (Perlman). Coates read the script, could not believe Tig would ever sneak around on Clay and demanded to see Sutter.

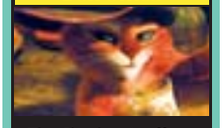
"Take a breath," Sutter told Coates, explaining that this is, after all, a tale of biker outlaws, a world of drugs, sex and rock 'n' roll. Gemma is lost and lonely and comes on to Tig. Tig is lost and lonely and responds. "You're not doing it out of anything with Clay," explained Sutter. "It's just a moment of two very wounded people coming together for some love, for something."

"All I know is that things are happening this year," says Coates. "Stuff is going down."

THE CANADIAN PRESS

2 scene

Box office



The Shrek spinoff Puss in Boots opened with an estimated $34 million to top the box office. The film proved a big draw outside of the Shrek franchise. Paranormal Activity came in the number two spot over the weekend. That film took in $18.5 million in its second week of release. The Rum Diary, starring Johnny Depp, opened weakly, earning just $5 million.

THE ASSOCIATED PRESS

FX Canada heralds aggressive plans by Rogers to add channels, expand reach

Protecting Lightfoot's legacy?

Rocker Dave Bidini writes book about Gordon Lightfoot without his involvement

FRANK GUNN/THE CANADIAN PRESS

▶ Dave Bidini is the author of Writing Gordon Lightfoot.

As soon as Dave Bidini put the word out that he was writing a book about Gordon Lightfoot, the stories started to pour in.

Bidini, the former Rheostatics singer, has plenty of friends in rock 'n' roll, and they had plenty of tangled yarns to spin about the 72-year-old Canuck singer for Writing Gordon Lightfoot.

Some were flattering, but most were definitely not.

"People would be like: 'I have a great Lightfoot story,' and it would inevitably turn out to be a horrible Lightfoot story," Bidini said in an interview last week at a Toronto café.

"There's a book that could come out for sure that would just be about that, just be about him being a mean drunk and a bad husband ... But if you put too many episodes in a book like that, that's all people are going to take away from it, and I wanted people to come away with a fuller impression of who the person was, about this life lived in Canadian music.

"I wanted people to come away with a fuller impression of who the person was."
AUTHOR DAVE BIDINI

"And actually one of the things I say in the book is I sort of approach Gord and I say: 'I hope you're grateful that it's me writing the book and not some muckraking journalist.'"

That Bidini wanted to protect Lightfoot's legacy — or at least his dignity — might imply some sort of friendly relationship between the two Canadian rockers.

But in fact, Bidini says that Lightfoot refused to be interviewed for the book despite his persistent requests.

In the text, Bidini offers a couple of theories for Lightfoot's non-participation. Years ago, the Rheostatics covered The Wreck of the Edmund Fitzgerald, and Bidini and his bandmates thought the Orillia, Ont., country-folk legend might have liked their version.

So they directed it to Lightfoot's manager at the time, Barry Harvey, who has since died. Bidini remembers Harvey telling him that he wouldn't give the song to Lightfoot because it would just annoy the singer. The group was disappointed, and some time later, Bidini slighted Lightfoot in an interview, suggesting that the Canuck icon had swiped the melody for Fitzgerald from an old Irish folk tune (Bidini himself heard this rumour at a pub in Cork, Ireland). Harvey asked for a retraction and Bidini agreed, but says that once the comments had hit the Internet, it was too late.

So, the two artists weren't exactly friends. Still, Bidini believes the primary reason Lightfoot didn't want to participate in the book is that the songwriting stalwart simply has no interest in revisiting the still-tender wounds of his past.

And Writing Gordon Lightfoot does zero in on a particularly difficult period in his career.

The book is structured around the events of one week in July 1972, when some of the biggest names in music — including Bob Dylan, Neil Young, Joni Mitchell and, yes, Lightfoot — descended on tiny Toronto Island to make surprise appearances at the Mariposa Folk Festival.

At the time, the book says, Lightfoot had been forced to curtail his touring schedule due to Bell's palsy, which had temporarily left his face partially paralyzed, his first marriage was crumbling (he would divorce in '73), and he was dating Cathy Smith — the same woman who would later serve time in a California prison for injecting actor John Belushi with a fatal dose of heroin and cocaine in 1982.

THE CANADIAN PRESS

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SLIK WHIMSY

LUSCIOUS EMBRACE

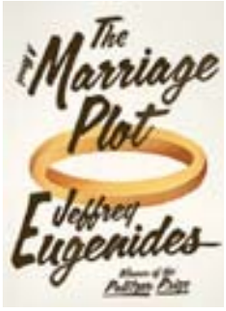
Eugenides tired of the autobiographical questions

Superstar author Jeffrey Eugenides is getting weary of questions about whether his new book, The Marriage Plot, is autobiographical.

"It's incredibly fatiguing. It happens with every novel, no matter what you write about," the 51-year-old said during an interview this week.

Eugenides burst onto the scene in 1993 with his acclaimed debut The Virgin Suicides, which was later made into a much-discussed film by Sofia Coppola. His next novel, 2002's Middlesex, vaulted him into the literary stratosphere. A stunningly imaginative and expansive tale about a male hermaphrodite, the book won the Pulitzer Prize, was chosen as an Oprah selection and had legions of readers clamouring to see what the rock-star writer would do next.

They had to wait nine years to find out, but were rewarded this month with Eugenides' latest novel, The Marriage Plot, which follows a love triangle between English major Madeleine and two fellow male students at Brown University (the author's alma mater) in the early 1980s.



In the beleaguered world of publishing, the book's release was a joyous event. A billboard of Eugenides went up in Times Square. A launch party in New York City attracted literary heavyweights Jonathan Franzen, Martin Amis and Zadie Smith.

The Marriage Plot was soon lauded as another highly erudite, yet eminently readable offering from Eugenides. Still, much of the media coverage has been preoccupied with whether it is autobiographical.

MEL EVANS/THE CANADIAN PRESS

▶ Author Jeffrey Eugenides poses at his home in Princeton, N.J., in September.

Hurry up and write

- During his media rounds, Eugenides has also faced repeated questions about the extended period of time it takes him to write each book.
- The author says he can usually tell after about 150 pages whether he wants to move forward with a new project.
- The kernel of The Marriage Plot, he said, came about when he was taking a break from Middlesex in the late 1990s and began writing a story about a débutante party. He abandoned that manuscript, but the character of Madeleine stuck with him, eventually jumping into the pages that would become The Marriage Plot.

Did Eugenides base the character of Mitchell Grammaticus on himself (both are from Detroit and of Greek descent)? Does the Brown setting reflect the author's time at the school? And is the character of manic-depressive biologist Leonard Bankhead based on the late author David Foster Wallace (with whom Eugenides had a passing acquaintance)?

Eugenides, an instructor at Princeton University, can't seem to escape the speculation.

"Last time I wrote about someone who was intersex and I would still get the autobiographical question even though it's obviously about as imaginative a leap as I can make," said the author, who lives in New Jersey with his wife and daughter.

"Now, I'm getting it again. You get it with everything you write. That's how people read. We all do it to a certain extent.

"But people need to understand that you obviously draw from your life in order to write a novel, so there are going to be many things that resemble the writer's experience. But what happens in a novel is very different than what happens in a writer's life."

THE CANADIAN PRESS

Time for Avril to Let Go?

Avril Lavigne experiencing dwindling Canadian crowds, sales

Midway through a sparsely attended arena gig in Toronto last week, Avril Lavigne paused between songs to express her joy at playing "so close to home," in her "beautiful" native country.

She had just finished singing Alice, and it was the first time in the evening she unleashed the full power of her vocal instrument, allowing her voice to billow and soar into every corner of the Air Canada Centre.

And it couldn't have been easy to fill all that empty space.

See, it's not just the Canadian weather that might have felt chilly to Lavigne, who grew up in Napanee, Ont., but moved to Los Angeles years ago. To hear her tell it, this cross-country trek was a triumphant homecoming, the first since her latest album dropped in March, so where were the adoring crowds to cheer her on?

A reported audience of 6,800 fans showed up to her gig at the Air Canada Centre, which can hold 15,800 fans for a concert. Her shows across the country reported similarly anemic turnouts, while the reviews varied from tepid to scathing — a representative notice from one newspaper compared her lifeless performance to that of a zombie.

And considering that Lavigne's latest — Goodbye Lullaby — has failed to generate a fraction of the interest as her previous disc, there's no shortage of speculation that the pop-punk princess's reign could be coming to an end.

"She's having a difficult time making the transition from being a skater girl to being a 27-year-old woman," said Alan Cross, Metro Canada columnist and host of the syndicated radio show The Secret History of Rock. "It's very tough to grow with your audience. ... The next year is going to be very important if she's going to be able to make the transition.

"I mean, she's far from dead. But it may take a little time for the new Avril to take root."

And at this point, it's not exactly clear who the new Avril is.

6X

Let Go attained diamond certification in Canada and went six times platinum in the U.S.

She burst onto the scene less than a decade ago with 2002's hit-laden Let Go, providing a so-called edgy alternative to the dolled-up pop strumpets who were shifting the bar of good taste ever-lower and climbing ever-higher on the charts in the process (Lavigne's first album arrived in the one-year period between two video hallmarks for lowest-common-denominator pop pandering: Britney Spears' I'm a Slave 4 U and Christina Aguilera's Dirrty.)

A then-17-year-old Lavigne had a stylistic hook (ties and tank-tops), a strong voice and a bundle of super-catchy pop tunes stained by just a speck of punk grime — Ramona imitating the Ramones.

After Let Go, Avril's next two albums — 2004's Under My Skin and 2007's The Best Damn Thing — brought diminishing returns commercially but still went platinum a combined seven times over in Canada.

And that, perhaps, is when Lavigne's career started to slide. There was a lengthy four-year break between albums, during which time Lavigne divorced husband (and Sum 41 frontman) Deryck Whibley and changed her management, switching from Vancouver-based Nettwerk to a representation based closer to home in L.A.

THE CANADIAN PRESS

CHRIS YOUNG/THE CANADIAN PRESS

▶ Avril Lavigne arrives on the red carpet during the 2011 MuchMusic Video Awards in Toronto in June.

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Successful candidates must be available to start paid training as early as Monday, November 7th

PATTINSON A MARRIED MAN?

▶ Robert Pattinson and Kristen Stewart

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

In honour of Halloween, let's check in with vampire-in-chief Robert Pattinson, shall we? (Tune in tomorrow for an update on director of zombie special projects Lindsay Lohan — we just couldn't handle her today.)

While promoting Breaking Dawn: Part 1 at a press conference over the weekend, Pattinson speculated that he and costar/girlfriend Kristen Stewart may already be married. "The wedding scene's funny because we used a real priest," the actor said, according to Us-Magazine.com.

"So technically we are already married because he did all the things you would do in a normal ceremony. So we don't have a civil union in law, but I guess in the church we are actually married."

We suspect the church wouldn't agree, but then again, it's not really our go-to marriage dictionary these days.

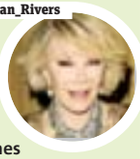
If someone united Heidi Montag and Spencer Pratt in holy-hell matrimony, no doubt they'd sign off on this one.

TODAY'S THE WORD WAS WRITTEN BY MONICA WEYMOUTH

Celebrity tweets

@SteveMartinToGo

Bad dog! BAD DOG! (my dog reads twitter)



@Joan_Rivers

A coroner revealed that Amy Winehouse was more than five times over the legal alcohol limit, or as Lindsay Lohan calls it, "sober."

@taylorswift13

to me, relaxation = a shirt with a bunch of cats on it

@ActuallyNPH

I just woke up. My head is pounding. My toilet is filled with gold! What just happened?

JT plans to lay low

Justin Timberlake might be avoiding the spotlight for a little while, he warns.

"I've spent a lot of time feeling like I needed to validate so much of who I was by what I did," he tells Esquire magazine.

"I think you can work and work and work and never really live."

So what is Timberlake planning to do instead?

"The plan is to have no plan," he says. "I'll probably travel, but I'd rather be spontaneous. I feel like I've earned at least a little bit of time to do that."

METRO

I'm not gay: Kelly Clarkson

ALL PHOTOS GETTY IMAGES

Singer opens up about her sexual orientation and dating on talk show

Kelly Clarkson is setting the record straight about being straight.

Despite speculation running rampant for years, the singer wants to clarify that she is not a lesbian.

"I'm from a small town, so everyone's married with children or about to have children," she says during a visit to The View.

"That's why people think I'm gay — because they're like, 'why aren't you married?' And I'm like, 'It doesn't happen for everyone right off the bat!'"

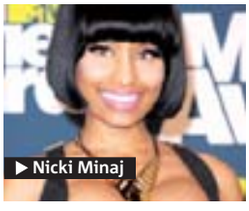
Plus, she says she hasn't had the easiest time finding the right guy.

"I've dated some cool guys, but I don't know if I've dated someone where I could spend my whole life with them," Clarkson says. "The last date I went on was horrible, so I'd like to go on a good date."

METRO

▶ Kelly Clarkson

Nicki Minaj and her maid get into it



▶ Nicki Minaj

Police were called to respond to something of a domestic disturbance after singer Nicki Minaj got in an argument with a housekeeper, according to TMZ.

Minaj had previously fired a maid who worked at her home, then grew upset upon seeing the woman returning to work Friday, insisting she leave.

When the maid said she would not be "treated like an animal," Minaj reportedly flew into a rage, shouting.

"I'll show you how to treat someone like an animal. Get the f-- out of my house."

It turns out, however, that it was a different maid and not the one she'd previously let go.

METRO

3 life

Keep it sweet but healthy

Candy isn't the only thing kids can accumulate during Halloween ▶ Cavities and extra pounds from all the candy are also common ▶ Try these tricks for preventing health issues

CHARLIE LITCHFIELD, IDAHO PRESS-TRIBUNE/ THE ASSOCIATED PRESS

▶ Dentists and dieticians say you can make Halloween reasonably healthy for kids without resorting to tactics like no candy.

Offer apples to trick-or-treaters and risk having your house get egged — maybe even by your own kids.

But dentists and dietitians say you can still make Halloween reasonably healthy for little devils and witches without resorting to dracul-onian tactics, like no candy.

"This is such a big adventure for them — let them have it, obviously with some caveats," said Dr. Rhea Haugseth, a dentist in Marietta, Ga., who's president of the American Academy of Pediatric Dentistry.

Haugseth also suggests avoiding cavity-promoting treats like caramels that stick to the teeth, or lollipops that bathe teeth in a long sugary bath.

Also, having kids brush their teeth before trick-or-treating to helps reduce plaque and bacteria, which interact with sugar to produce tooth-decaying acid, Haugseth said. Kids should also brush right after eating candy, she said.

Just don't go overboard on restrictions, says Cole Robbins, a Chicago 12-year-old and Halloween veteran. "Halloween is the one day of the year where we kids just kind of break out and overload on candy," he said.

To help prevent that kind of gorging, try to give children a healthy, filling meal before trick-or-treating, says Bethany Thayer, a spokeswoman for the American Dietetic Association who works at the Henry Ford Health System in Detroit.

Ronni Litz Julien, a Miami nutritionist whose patients include overweight and obese kids, says another trick for parents is to help sort through the loot, have kids select their 10 favourite pieces, and give the rest away. Offer the choice of eating all 10 pieces at once, or over 10 days. That gives them a sense of control, without feeling shortchanged, she said.

"You can't deprive them. It's Halloween, for God's sake," she said.

President Barack Obama joked last week on The Tonight Show that he'd warned his health-promoting wife that the White House would get egged if she gave trick-or-treaters fresh fruit and raisins instead of candy.

Dr. Janet Silverstein, a Gainesville, Fla. pediatrician and member of the American Academy of Pediatrics' nutrition committee, says she doesn't give out candy, offering fruit or pencils instead; so far her house is unscathed.

When her own children were young, Silverstein would buy their candy for a nickel a piece. She recommends that to her patients' parents, too. Though she doesn't offer her other solution — she used to eat her kids' candy.

THE ASSOCIATED PRESS

Parent tricks

Try these tips for keeping Halloween fun without cavities or extra pounds.

- **Dark chocolate**
  Start by handing out dark chocolate instead of chewy candies. The chewy variety is likely to get stuck in teeth and stay there. Some studies have suggested dark chocolate is good for the heart.
- **Toys**
  Try bribing your kids with a new toy in exchange for the Halloween loot — or at least some of it.
- **Wait**
  Ask your kids not to dip into their loot bags until they bring the entire stash home. This trick ensures both safety so you can toss any suspicious-looking candy, but it also prevents an "eating frenzy" — and the stomach aches.

Sweet choices

A British Columbia-based dietitian has helpful hints about the chocolate choices parents will have to make this Halloween.

Gloria Tsang says all parents need to do is look at the list of ingredients on mass-produced chocolate bars. Tsang says if parents don't know how to pronounce the name of an ingredient, that product might not be the best choice.

THE CANADIAN PRESS

Will Halloween play a trick on your kids' health? Dental hygiene is key concern.

Turn off toddler TV

Far from being educational, watching TV rather than playing can be detrimental to a child's development ▶ Even "smart" shows may be bad for your young ones ▶ Parents should find alternative activities

EMMA E. FORREST
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METRO WORLD NEWS

Babies love playing with the remote control. And they also love watching TV. Frazzled parents rarely object, especially when they get five minutes to take a shower, empty the dishwasher or prepare for work.

But in a statement, the American Academy of Pediatrics (AAP) confirms that children under age two should spend less time in front of a screen and more time learning through play.

Since the AAP first examined this issue in 1999, there's been a proliferation of new screens offering entertainment — TV, DVD, computer, smart phones and tablets — and further studies to show the detrimental effect. These days, TV shows, specialized DVDs and even entire channels are dedicated to entertaining tots.

In a recent American survey, a staggering 90 percent of parents said their under-twos watched some form of electronic media, and on average, these children watched TV for one to two hours a day. At age three, a third of these kids have a TV in their bedroom and many have the set on most of the time.

Parents may kid themselves that watching 'quality' programs is educational. But while toddlers age two and up can have improved social and language skills, the new findings show that there's no evidence that television can be educational for the under-twos.

"Somewhere between ages one and a half, and two and a half, children are able to grasp the content and context of TV programs," explains the report's lead author, Dr Ari Brown. "So, even if a show is really high quality, it gets lost in translation for little ones who are not developmentally ready to understand video content."

And watching with mom and dad doesn't make shows more educational either. In fact, the report suggests that it takes away from valuable parent-child interaction time. Toddlers develop a vocabulary by speaking with their parents, so time in front of the TV also hinders language development.

Children learn more from play than TV shows, so any time taken away from playing and learning how to problem-solve, think creatively and develop motor skills is damaging. Watching too much TV can even affect your child's ability to go to sleep.

"The best thing you can do for your young child is to give her a chance to have unstructured play, both with you and independently," says Brown. "Children need this in order to figure out how the world works."

THINKSTOCK.COM

▶ New findings show no evidence that TV is educational for kids under two years old.

39% of families with infants and kids have a TV on constantly, according to the AAP.

Tots TV tips

The report recommends that carers take these measures regarding TV:

- Set a limit on the amount of screen time your kid gets.
- Find alternative activities for your child to engage in when you're not able to entertain them yourself, like playing with stacking cups.
- Don't have a TV in your baby's room.

The high-tech pacifier trend

Parents increasingly use smartphones to keep toddlers occupied

ISTOCK

There's a new routine whenever Amber Mullaney goes to a restaurant. While waiting to be seated, she asks her husband to get the phone ready to hand over to their two-year-old daughter, Tatum. The phone — with its ability to stream episodes of Dora the Explorer — is a godsend, Mullaney says.

Attempts at going out without whipping out the gadget have been disastrous, the Denver mom says. "She'll colour for a little bit or talk with us for a little bit, but it's short-lived," Mullaney says. "It's miserable because all she wants to do is get out."

With the iPhone, however, Tatum sits quietly in the booth while her parents get to enjoy a meal.

Mullaney is in good company. About 40 per cent of two- to four-year-olds (and 10 per cent of kids younger than that) have used a smartphone, tablet or video iPod, according to a new study by the non-profit group Common Sense Media.

Roughly one in five parents surveyed said they give their children these devices to keep them occupied while running errands.

There are thousands of apps targeted specifically to babies and toddlers — interactive games that name body parts, for example, or sing nursery rhymes. In fact, toymaker Fisher Price has just released a new hard case for the iPhone and iPod touch, framed by a colourful rattle, which allows babies to play while promising protection from "dribbles, drool and unwanted call-making."

Experts say balance is key. "It's really important that children have a variety of tools to learn from. Technology gadgets can be one of those tools, but they shouldn't dominate," says Cheryl Rode, a clinical psychologist at the San Diego Center for Children, a non-profit that provides mental health services.

THE ASSOCIATED PRESS

Tasty treats to make them scream — with sheer delight

Still looking for last minute Halloween treat ideas? Try these Bog Bars

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipe serves 16.

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

The beauty of Halloween treats is that you don't have to worry about making them pretty. In fact, the uglier they are, the better. And that was the inspiration for this baked treat.

The Bog Bars start as a basic blondie-like bar studded with dried cherries. Then you smear melted chocolate over the top and start dumping delicious things all over them.

The gummy worms and pretzels are a particularly nice touch, resembling the snakes and twigs one surely encounters during midnight swamp strolls.

Bog Bars

Ingredients:

- 500 ml (2 cups) dried cherries
- 125 ml (1/2 cup) apple or orange juice
- 175 ml (3/4 cup or 1 1/2 sticks) unsalted butter
- 550 ml (2 1/4 cups) packed brown sugar
- 3 eggs
- 5 ml (1 tsp) vanilla extract
- 550 ml (2 1/4 cups) all-purpose flour
- 7 ml (1 1/2 tsp) salt
- 16 chocolate sandwich cookies, broken into pieces
- 340 g (12 oz) milk chocolate bits
- 2 graham crackers, broken
- 125 ml (1/2 cup) mini marshmallows
- 125 ml (1/2 cup) broken pretzel sticks
- Handful gummy worms
- 2 green fruit roll-ups, torn into pieces

Preparation:

1. Coat a 33-x-23-cm (13-x9-inch) pan with cooking spray; set aside. In a microwave-safe dish, combine cherries and juice. Microwave on high until bubbling, about 1 minute. Set aside to cool.
2. In the bowl of an electric mixer, cream together butter and sugar until fluffy. Add eggs, one at a time, scraping bowl between additions. Stir in vanilla. Add flour and salt and mix just until combined. Drain reserved cherries, then add them and half of the broken chocolate cookies.
3. Spoon mixture into prepared pan and bake in 180 C (350 F) oven for 25 to 30 minutes or until golden and set.
4. While the Bog Bars are still hot, sprinkle milk chocolate bits over the surface. Let melt. Use back of a spoon to spread melted chocolate to cover the surface. Sprinkle with broken graham crackers, marshmallows, pretzels, gummy worms, remaining chocolate cookies and pieces of fruit roll-ups. Let cool.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA/
THE ASSOCIATED PRESS

Rose Reisman's Swap It

While Halloween is normally a time for candy, some parents choose other treats such as the Trick or Treat McDonald's Happy Meal. However, the alternative can lead to a scary amount of calories and sodium.

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Soy-stainable furniture

Grain farmers showing how soy can be used in different ways **Trying to educate people about their options**

BEN KNIGHT
LIFE@METRONEWS.CA

ISTOCK PHOTOS

Canada is finding new uses for its bountiful grain harvests.

Soy beans. Food, fuel … furniture?

This past weekend, at the International Home Show in Toronto, the Grain Farmers of Ontario presented a special display of furniture and other home decor items — the key ingredient of which is leftover grains.

"We have furniture made from soy-based foam," says Meghan Burke, GFO communications coordinator. "It's called Bio-Plush foam. We also have carpeting made from corn oil, and soy-based paint on the walls. We have a countertop made of corn. Anything you can think of, really, made from corn or soy beans."

The furniture — including big, cushy reclining chairs — still has all the usual wood or metal components. But the foam in the cushions is something altogether new.

"It's very nice and very comfortable," she explains. "What we're basically doing is replacing the petroleum-oil portion with a soy-based oil. So it's just like any other foam, but is has no off-gassing, no allergens, it's renewable, it's decomposable, it's really healthy for your environment."

It's a pure case of need meets opportunity. Agricultural organizations across Canada are always looking for new markets, and there's a rising consumer demand for cleaner, greener products.

"We want to educate people about the options they have for their homes," says Burke. "People are looking for greener, sustainable, healthy options for their homes. And with that trend growing and growing, more companies are picking this up. We have quite a list of suppliers that have given us products for the exhibit."

> **"We want to educate people about the options they have for their homes."**
> MEGHAN BURKE, GFO COMMUNICATIONS COORDINATOR

And while the GFO's efforts are primarily an Ontario initiative, building a new market for the province's 28,000 corn, wheat and soy bean farmers, these special grain-based products are gaining in popularity, and becoming available throughout Canada.

"The carpeting you can buy at Home Depot, or anywhere you can buy a carpet. The paint is Sherwyn-Williams. All these things are fairly common at your typical home stores."

The deeper message? Canada's bountiful grain harvests can solve a lot more problems than hunger and fuel efficiency.

"There are opportunities for your home that are environmentally friendly, and they are great alternatives to your petroleum-based products."

For more information, visit gfo.ca and bioplush.com.

EMBRACING THE CONCEPT OF GREEN FUNERALS

I recently attended a funeral in Cobourg, Ont., where the cemetery conducts natural burials. What exactly makes a burial natural or green?
Tamara of Toronto, ON

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

When it comes to planning the end, there are greener ways to go.

You visited one of only two cemeteries in Canada with designated green sites; the Union Cemetery in Cobourg, Ont., and Royal Oak Burial Park in Victoria, B.C. At both, you can return to the Earth naturally with a green burial.

Green burials are low-impact, use less energy, consume fewer resources (like water), are less toxic, and may include local, sustainable materials.

Bodies are not embalmed because that delays decomposition.

Without formaldehyde to preserve the body, toxic chemicals are avoided, reducing harmful exposure both to nature and the em balmer. Instead, bodies are wrapped in a biodegradable shroud or placed in a biodegradable casket. And protected green space becomes the final resting place. To learn more, check out the Natural Burial Association's website. (naturalburialassoc.ca)

Although only two cemeteries can perform green burials in Canada, green funerals are increasing in popularity. A green funeral means funeral homes aim to maximize environmentally friendly funeral practices while minimizing environmental impact.

For example, they may distribute brochures on 100 per cent recycled content paper or maintain their grounds without toxic pesticides.

They might also offer sustainable and biodegradable shrouds, caskets or urns.

And forget the silk flowers — use only native plants on these gravesites.

David Suzuki Foundation

NATURAL BURIAL ASSOCIATION

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Crying Over roadblocks is not his way

Former Platinum Blonde rocker Sergio Galli has overcome life's hurdles with a Doesn't Really Matter attitude

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

He's an international rock star, designer, architect and builder. With so much success, you would expect Sergio Galli would wear his accomplishments like a badge of honour. But he doesn't. Sergio is a down to earth, humble man with a simple message for us all: accept life's turning points and when things get tough, move on.

"I get over discouragement in life because I know it's temporary. Some people think it's forever. I say, 'Why waste your time? Get over it'."

Sergio was 18 when he started his own business building and renting P.A. systems for bands.

He ran into Mark Holmes who was looking to put together a new band. Sergio played guitar, Mark found a drummer and within six months Galli and the band hit it big. Platinum Blonde went on to become one of the top glam-bands of the '80s.

Hits like Crying Over You and Situation Critical rocketed to the top of the charts.

As Galli and the boys would roll through the great cities of Europe, he would make the limo drivers stop in front of unique buildings that caught his attention.

"I was so into architecture. They used to rib me but they thought it was neat someone could be into something other than music."

Seven years passed and the band realized they were burnt out and needed a break. Galli wanted to go back to school but was turned down at every University he applied to. Sergio "got over it", bought a couple of properties and began building. His work became noticed in the industry and soon he was building multi-million dollar homes. Now he has teamed with The Serena Group to build affordable, luxurious villas. Galli is living life on his terms.

Platinum Blonde recently got back together and decided 20 years was enough of a break. Sergio and Platinum Blonde are currently in the recording studio and are hoping to start touring again next summer.

"You have to enjoy the journey along the way. Nothing happens overnight. Remember to have fun and if you do then success will come."

TORSTAR NEWS SERVICE

▶ Sergio Galli circa 1984 performing with Platinum Blonde.

PROVIDED

▶ These days Sergio is a successful home builder who has recently reunited with his bandmates in hopes of touring next summer.

Sergio's secrets

Sergio Galli's keys to life and business

- **Success** Enjoy the journey and don't think about the money or the outcome.
- **Idea** Come up with a plan and follow through with it.
- **Attitude** Be positive and move on from disappointments.
- **Execution** Just get out and do it. Be positive.
- **Fun** Enjoy yourself. If you do, success and money will come.

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Deck the halls with dropouts?

Universities are stepping in to keep 'Christmas graduates' from bailing on the books

As tens of thousands of Canadian university students hit the books for mid-term exams, schools are looking ahead to keep those who tank from dropping out.

All it takes is a few bad grades to crush some students — particularly freshmen — and derail their university education, some experts say.

"Once people do badly, they don't want to be in school anymore," said Todd Stinebrickner, a professor at the University of Western Ontario who has studied the reasons university students choose to pack it all in. "When people do badly ... school is not very enjoyable, maybe it's more stressful."

His research suggests about 40 per cent of students who drop out of university do so because they're not performing as well as they expected.

That's largely because they're not prepared for the heavier workload and independent study time, he said. "That sort of says, well, things have to be a little bit different at earlier stages (of education)," he says. "Whether it's more effort in high school or whether it's changes in the quality of schools at earlier ages, that's sort of an open question."

Most students stick it out past the first year — in Ontario, the province with the most universities, retention rates remain between 80 and 90 per cent for the majority of schools.

But educators aren't taking any chances.

Many have an arsenal of programs aimed at so-called "Christmas graduates," those who simply drop off the roster after winter break, as well as students who fall through the cracks in later years, said Richard Wiggers, director of research on student services for the Higher Education Quality Council of Ontario.

Some reach out to students and their families before the fall semester starts in an effort to ease the transition from high school. Others hold University 101 courses that show freshmen how to handle stress and manage their time.

At the University of Ottawa, administrators stage interventions for first-year students whose mid-term marks fall below par in key courses, said Murray Sang, who heads the Student Academic Success Service.

"They do a triage to find out what's going on, why is this student at risk," Sang said. Faculty advisors then steer students towards support programs, be it peer tutoring, counselling or financial aid, he said.

THE CANADIAN PRESS

"Once people do badly, they don't want to be in school anymore... That sort of says well, things have to be a little bit different at earlier stages (of education)."
TODD STINEBRICKNER
UNIVERSITY OF WESTERN ONTARIO

ISTOCK

▶ Schools can help you weigh your options before making the final decision to throw in the towel.

Don't fret

Dropping out doesn't always stain school transcripts.

Each university sets a deadline for students looking to abandon classes without penalty, Sang said. Those who bail early enough may even get their tuition refunded.

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4 sports

Quoted

"We got really close, just couldn't get that final out. This is going to be something that is going to sit with us for a little bit."

MICHAEL YOUNG, THE TEXAS RANGERS' LONGEST-TENURED PLAYER. AS THEY CLEARED OUT THEIR CLUBHOUSE ON SATURDAY, THE RANGERS WERE STILL COMING TO TERMS WITH HOW THEY LOST TO THE ST. LOUIS CARDINALS IN THE WORLD SERIES.

Scan code for more sports.

Stamps win sets stakes high for final weekend

Five of league's eight teams in logjam with identical records ▶ 'We're in a one-week season now,' says Calgary QB Tate after another strong outing

GRAHAM HUGHES/THE CANADIAN PRESS

▶ Stampeders running back John Cornish is tackled by the Alouettes defenders in Montreal yesterday.

A Calgary Stampeders win that came down to the final seconds over the defending Grey Cup champion Montreal Alouettes has set up a wild final week of CFL play in both the East and West divisions.

Drew Tate passed for 330 yards and a pair of touchdowns to Johnny Forzani in a 32-27 victory over the Alouettes yesterday afternoon. The win made Tate 2-0 since he replaced 2010 CFL Outstanding Player Henry Burris as the starting quarterback.

The result left five of the eight teams with identical 10-7 records going into the last weekend of regular season play, with Calgary in a tie with B.C. and Edmonton in the West and Montreal deadlocked with Winnipeg in the East.

"It was a huge win because we're still in the chase," said Tate. "You play five months and it all comes down to this one last game, but this is the position we want to be in.

STAMPS	ALOUETTES
32	27

"We're in a one-week season now. We're focused on who we have to play now."

The Stampeders, who close the season Saturday at home against Winnipeg, must win and have both the Lions and Eskimos lose their games to claim first place and the bye into the West final because they have lost the season series to both rivals.

12

The Als' Jamel Richardson's set a CFL record of 12 100-yard receiving games in a season with 111 yards yesterday.

Montreal needs to win in B.C. on Saturday night and have the Blue Bombers lose to get top spot in the East for a fourth straight year.

Edmonton ends the season at home Friday night against 5-12 Saskatchewan.

"Worried? No," said Montreal coach Marc Trestman, whose team dominated the East in his first three years as coach. "Five teams in the league are 10-7 right now and we're all in a fight.

"This is as exciting as it gets. I don't want to give it more than that because our guys fought hard today. They need to just let it go and then we've got to go back to work and get back in the fight."

Jon Cornish, who ran 15 times for 71 yards, had a pair of TDs for Calgary, which had the edge in play for much of the afternoon and may have won more handily if they hadn't turned the ball over twice on fumbles and twice on interceptions.

Tate was impressive both passing and running the ball twice for 28 yards.

"He had a good game," Stampeders coach John Hufnagel said of Tate. "He had a pass or two that got away from him, but he kept his composure and put his team in position to score some points and win the game."

THE CANADIAN PRESS

Fitzpatrick leads Bills to victory in Toronto

BILLS	REDSKINS
23	0

Ryan Fitzpatrick showed yesterday why the Buffalo Bills felt he was worth $59 million US.

Fitzpatrick threw two TD strikes to Scott Chandler as Buffalo beat the Washington Redskins 23-0 for its first regular-season win of the Bills Toronto Series.

The resurgent Bills (5-2) improved to 3-3 in Toronto but are just 1-3 in regular-season contests.

Buffalo hasn't made the playoffs since 1999 but last week signed Fitzpatrick to a $59-million, six-year contract extension. The deal includes $24 million guaranteed and makes Fitzpatrick the highest-paid player in club history.

Not bad for a Harvard grad and seventh-round pick who spent his first four NFL seasons with St. Louis and Cincinnati before landing in Buffalo in 2009. Fitzpatrick is 9-5 in his last 14 games with the Bills.

Yesterday's contest was the sixth of eight Buffalo will play here through next season as part of the series. The attendance was 51,579, meaning none of the games have been a sellout at Rogers Centre, which seats 54,000 for football.

THE CANADIAN PRESS

Around the NFL

Other results from yesterday:

- The New York Giants barely avoided a post-bye letdown, keeping Miami winless with a 20-17 victory.
- The Detroit Lions sacked Tim Tebow seven times as they snapped a two-game skid with a 45-10 win over the Denver Broncos.
- Ben Roethlisberger passed for 365 yards and two TDs in Pittsburgh's 25-17 over New England. It was Patriots QB Tom Brady's second-career loss to the Steelers.

THE ASSOCIATED PRESS

JEFF ROBERSON/THE ASSOCIATED PRESS

▶ Mark McGwire photographs Albert Pujols with an iPad during a celebration of the Cardinals' 11th World Series title yesterday.

Pujols' fate hangs over celebration

Hundreds of thousands turn out in St. Louis to honour Cardinals' 11th championship

A red sea of fans jammed downtown St. Louis yesterday to honour the World Series champion Cardinals and send a clear message to Albert Pujols: Please stay.

An official crowd estimate was not immediately available for the parade down the streets of St. Louis and the celebration at Busch Stadium, but city officials expected several hundred thousand, and it was clearly that, if not more. The crowd was so large that people were parking more than three kilometres away, and interstate highways were jammed near downtown.

Pujols drew loud cheers along the parade route and a long standing ovation at the stadium. When asked on the podium if he'd like to be back for another celebration next season, he smiled sheepishly and said, "Hey, why not?"

Whether that happens remains to be seen. After 11 Hall of Fame seasons as a Cardinal, Pujols is a free agent for the first time and it isn't clear if the mid-market Cardinals will be able or willing to give a long-term contract to a player who turns 32 before next season, despite his career .328 average, 455 homers and status as a team icon.

"It's one of the greatest World Series runs of all time."
CHRIS AMBROSE, CARDINALS FAN

Pujols' pending free agency and a chilly, breezy and overcast afternoon did nothing to dampen the celebratory spirit. People began staking out the good spots many hours before the parade, climbed trees and leaned out office windows for better views. Nearly everyone was dressed in red except for a few in Rams blue who made the short walk from the Edward Jones Dome after the football game. Even the Rams added to the joy of the day, beating New Orleans 31-21 for their first win after an 0-6 start.

High school marching bands played along the parade route. Vendors sold hot dogs and peanuts. Fathers and mothers hoisted small children on their shoulders to wave at the passing red and white pick-up trucks carrying Cardinals past — Lou Brock, Red Schoendienst — and present. The biggest cheers appeared to be for Pujols, Lance Berkman, Yadier Molina, Chris Carpenter and post-season hero David Freese, who was Most Valuable Player in both the NL championship series and the World Series.

Freese, a native of St. Louis County, recalled sitting in a California Burger King in December 2007 when "I got the greatest phone call of my life, that I had been traded to the St. Louis Cardinals."

Manager Tony La Russa led the parade atop a beer wagon pulled by the Budweiser Clydesdales, followed by a truck carrying owner Bill DeWitt Jr. clinging to the World Series trophy.

The parade ended inside Busch Stadium, where a sold-out crowd watched the celebration. In fact, the ballpark rally sold out in 90 minutes after the Cardinals won the clincher.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	13	8	3	1	1	39	28	18	4-1-1-0	4-2-0-1	6-3-1-0	L1
d-Toronto	**11**	**7**	**3**	**1**	**0**	**36**	**35**	**15**	**5-0-1-0**	**2-3-0-0**	**6-3-1-0**	**L1**
d-Washington	9	7	2	0	0	35	23	14	5-0-0-0	2-2-0-0	7-2-0-0	L2
Ottawa	12	7	5	0	0	39	45	14	5-2-0-0	2-3-0-0	7-3-0-0	W6
Philadelphia	11	6	4	1	0	43	36	13	3-3-1-0	3-1-0-0	5-4-1-0	W1
Buffalo	10	6	4	0	0	29	22	12	2-3-0-0	4-1-0-0	6-4-0-0	L1
Florida	10	6	4	0	0	26	25	12	2-1-0-0	4-3-0-0	6-4-0-0	W1
Tampa Bay	11	5	4	0	2	33	35	12	3-1-0-0	2-3-0-2	4-4-0-2	W1
Carolina	11	4	4	2	1	28	35	11	2-1-0-1	2-3-2-0	4-3-2-1	L1
Montreal	11	4	5	1	1	29	30	10	2-3-1-1	2-2-0-0	4-4-1-1	W1
New Jersey	9	4	4	0	1	20	24	9	2-1-0-1	2-3-0-0	4-4-0-1	L2
NY Rangers	9	3	3	1	2	20	22	9	0-1-0-1	3-2-1-1	3-3-1-2	L2
NY Islanders	9	3	4	1	1	18	23	8	3-2-1-0	0-2-0-1	3-4-1-1	L5
Winnipeg	10	3	6	0	1	26	36	7	2-2-0-0	1-4-0-1	3-6-0-1	L1
Boston	10	3	7	0	0	22	25	6	2-5-0-0	1-2-0-0	3-7-0-0	L3

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Dallas	11	8	3	0	0	28	23	16	5-1-0-0	3-2-0-0	7-3-0-0	W1
d-Edmonton	11	7	2	0	2	25	18	16	5-1-0-1	2-1-0-1	6-2-0-2	W5
d-Chicago	10	6	2	0	2	32	25	14	4-0-0-2	2-2-0-0	6-2-0-2	W1
Colorado	11	7	4	0	0	32	29	14	1-3-0-0	6-1-0-0	7-3-0-0	W1
Los Angeles	11	6	3	1	1	26	22	14	3-2-0-0	3-1-1-1	5-3-1-1	L2
San Jose	9	6	3	0	0	28	21	12	1-2-0-0	5-1-0-0	6-3-0-0	W5
Phoenix	10	5	3	0	2	30	30	12	3-2-0-1	2-1-0-1	5-3-0-2	W2
Nashville	10	5	4	0	1	24	26	11	2-2-0-1	3-2-0-0	5-4-0-1	W2
Minnesota	10	4	3	2	1	21	23	11	3-2-1-0	1-1-1-1	4-3-2-1	W1
Vancouver	11	5	5	0	1	31	33	11	3-2-0-1	2-3-0-0	5-5-0-0	W1
Anaheim	11	5	5	0	1	22	29	11	3-2-0-0	2-3-0-1	5-4-0-1	L2
Detroit	9	5	4	0	0	22	23	10	3-1-0-0	2-3-0-0	5-4-0-0	L4
St. Louis	11	5	6	0	0	28	31	10	2-1-0-0	3-5-0-0	5-5-0-0	L2
Calgary	9	4	4	1	0	22	23	9	3-2-1-0	1-2-0-0	4-4-1-0	W2
Columbus	12	2	9	0	1	28	40	5	2-3-0-1	0-6-0-0	2-7-0-1	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Ottawa 3 Toronto 1
Edmonton 4 St. Louis 2
Colorado 3 Los Angeles 2
Columbus 3 Anaheim 1
Saturday's results
Montreal 4 Boston 2
Ottawa 5 N.Y. Rangers 4 (SO)
Tampa Bay 1 Winnipeg 0
Toronto 4 Pittsburgh 3
Vancouver 7 Washington 4
Chicago 5 Columbus 2
Dallas 3 New Jersey 1
Florida 3 Buffalo 2
Minnesota 1 Detroit 0
Nashville 3 Anaheim 0
Philadelphia 5 Carolina 1
Phoenix 3 Los Angeles 2 (OT)
San Jose 3 N.Y. Islanders 2 (OT)
Tonight's games
All Times Eastern
San Jose at N.Y. Rangers, 7 p.m.
Winnipeg at Florida, 7:30 p.m.
Nashville at Chicago, 8:30 p.m.
Tomorrow's games
Ottawa at Boston, 7 p.m.
Anaheim at Washington, 7:30 p.m.
Tampa Bay at Carolina, 7 p.m.
Minnesota at Detroit, 7:30 p.m.
Vancouver at Calgary, 9 p.m.
Wednesday's games
Philadelphia at Buffalo, 7:30 p.m.
Toronto at New Jersey, 7:30 p.m.
Phoenix at Colorado, 9:30 p.m.

SENATORS 3, MAPLE LEAFS 2

First Period
1. Toronto, MacArthur 3 (Grabovski, Kulemin) 11:20 (pp)
2. Ottawa, Greening 4 (Rundblad, Kuba) 16:16 (pp)
Penalties — Greening Ott (hit to the head) 3:08, Karlsson Ott (slashing) 9:51, Gunnarsson Tor (cross-checking) 14:20.
Second Period
3. Ottawa, Neil 3 (Karlsson, Gonchar) 7:59 (pp)
Penalties — Connolly Tor (hooking) 4:33, Kulemin Tor (interference) 6:56, Connolly Tor (roughing) 12:29, Spezza Ott (tripping) 16:37, Karlsson Ott (tripping) 19:42.
Third Period
4. Ottawa, Daugavins 1 (Smith) 7:08
5. Toronto, MacArthur 4 (Grabovski, Kulemin) 9:07
Penalties — Daugavins Ott (hooking) 11:59, Gonchar Ott (tripping) 19:55.
Shots on goal by

Toronto	9	7	8	—24
Ottawa	13	12	5	—30

Goal — Toronto: Gustavsson: (L,3-3-0); Ottawa: Lehner: (W,1-0-0). **Power plays (goals-chances)** — Toronto: 1-6; Ottawa: 2-4.
Attendance — 19,522 (19,153) at Ottawa.

OILERS 4, BLUES 2

First Period
1. Edmonton, Horcoff 2 (Nugent-Hopkins, Potter) 5:38 (pp)
Penalties — D'Agostini StL (slashing) 5:14, Jones Edm (interference) 6:50, Polak StL (holding) 9:41, Nugent-Hopkins Edm (high-sticking) 10:43, Oshie StL (boarding) 15:04.
Second Period
2. St. Louis, Backes 3 (Sobotka, Polak) 3:58
3. Edmonton, Smyth 4 (Plante, Jones) 7:31
4. Edmonton, Eberle 3 (Hall, Nugent-Hopkins) 13:16
5. Edmonton, Smyth 5 (Gilbert, Petry) 17:15 (pp)
Penalty — Backes StL (boarding) 16:18.
Third Period
6. St. Louis, Stewart 3 (Pietrangelo) 3:17 (pp)
Penalty — Belanger Edm (boarding) 1:56.
Shots on goal by

St. Louis	8	8	14	30
Edmonton	5	16	9	30

Goal — St. Louis: Halak (L,1-5-1); Edmonton: Khabibulin (W,5-0-2).
Power plays (goals-chances) — St. Louis: 1-3; Edmonton: 2-4.
Attendance — 16,839 (16,839) at Edmonton.

SATURDAY

LIGHTNING 1, JETS 0

First Period
No Scoring.
Penalties — Moore TB (goaltender interference) 9:59, Enstrom Wpg (tripping) 17:42.
Second Period
1. Tampa Bay, Lecavalier 5 (Stamkos, Brewer) 19:20 (pp)
Penalties — Glass Wpg (roughing) 2:14, Glass Wpg (high-sticking) 8:46, Kubina TB (interference) 14:48, Stuart Wpg (holding) 18:54.
Third Period
No Scoring.
Penalties — None.
Shots on goal by

Winnipeg	10	7	11	28
Tampa Bay	11	13	3	27

Goal — Winnipeg: Pavelec (L,2-4-1); Tampa Bay: Roloson (W,2-2-1). **Power plays (goals-chances)** — Winnipeg: 0-2; Tampa Bay: 1-4.
Referees — Tom Kowal, Francois St. Laurent.
Linesmen — Brad Kovachik, Pierre Racicot.
Att. — 19,204 (19,204) at Tampa, Fla.

CANUCKS 7, CAPITALS 4

First Period
1. Vancouver, Lapierre 2 (Weise, Bieksa) 3:31
2. Washington, Ovechkin 4 (Brouwer, Backstrom) 8:55
3. Vancouver, Higgins 4 (Hamhuis, Booth) 13:17 (pp)
4. Vancouver, Edler 1 (Salo, Kesler) 19:56 (pp)
Penalties — Sulzer Vcr (high-sticking) 5:55, Ward Wash (high-sticking) 11:27, Semin Wash (hooking) 15:49, Kesler Vcr (hooking) 16:42, Halpern Wash (tripping) 19:51.
Second Period
5. Washington, Ovechkin 5 (Backstrom, Carlson) 1:25 (pp)
6. Washington, Knuble 2, 5:07 (penalty shot)
7. Vancouver, Edler 2 (H. Sedin, D. Sedin) 8:00
8. Washington, Johansson 5 (Wideman) 17:54
Penalties — Hamhuis Vcr (slashing) 0:26, Brouwer Wash (delay-of-game) 11:08.
Third Period
9. Vancouver, H.Sedin 4 (Edler, Kesler) 6:18
10. Vancouver, Higgins 5 (Hansen, Malhotra) 6:52
11. Vancouver, Lapierre 3 (Bieksa, Hamhuis) 10:25
Penalties — Ovechkin Wash (interference) 4:15, Salo Vcr (holding) 8:17.
Shots

Washington	9	13	10	32
Vancouver	17	14	12	43

Goal (shots-saves) — Washington: Vokoun (17-14), Neuvirth (L,1-1-0) (0:00 second, 26-22); Vancouver: Luongo (W,3-3-1). **Power plays (goals-chances)** — Washington: 1-4; Vancouver: 2-5.
Referees — Kevin Pollock, Kyle Rehman. **Linesmen** — Lonnie Cameron, Brad Lazarowich.
Att. — 18,860 (18,860) at Vancouver.

NFL

WEEK EIGHT

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Buffalo	5	2	0	.714	211	147
New England	5	2	0	.714	202	160
N.Y. Jets	4	3	0	.571	172	152
Miami	0	7	0	.000	107	166

SOUTH

	W	L	T	Pct	PF	PA
Houston	5	3	0	.625	206	145
Tennessee	4	3	0	.571	139	145
Jacksonville	2	6	0	.250	98	163
Indianapolis	0	8	0	.000	121	252

NORTH

	W	L	T	Pct	PF	PA
Pittsburgh	6	2	0	.750	176	139
Cincinnati	5	2	0	.714	171	123
Baltimore	5	2	0	.714	185	110
Cleveland	3	4	0	.429	107	140

WEST

	W	L	T	Pct	PF	PA
San Diego	4	2	0	.667	141	136
Oakland	4	3	0	.571	160	178
Kansas City	3	3	0	.500	105	150
Denver	2	5	0	.286	133	200

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	5	2	0	.714	174	164
Philadelphia	3	4	0	.429	179	152
Dallas	3	4	0	.429	156	162
Washington	3	4	0	.429	116	139

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	5	3	0	.625	260	189
Tampa Bay	4	3	0	.571	131	169
Atlanta	4	3	0	.571	158	163
Carolina	2	6	0	.250	187	207

NORTH

	W	L	T	Pct	PF	PA
Green Bay	7	0	0	1.000	230	141
Detroit	6	2	0	.750	239	147
Chicago	4	3	0	.571	170	150
Minnesota	2	6	0	.250	172	199

WEST

	W	L	T	Pct	PF	PA
San Francisco	6	1	0	.857	187	107
Seattle	2	5	0	.286	109	162
St. Louis	1	6	0	.143	87	192
Arizona	1	6	0	.143	143	183

Byes: Atlanta, Chicago, Green Bay, N.Y. Jets, Oakland, Tampa Bay
Yesterday's results
Tennessee 27 Indianapolis 10
St. Louis 31 New Orleans 21
Houston 24 Jacksonville 14
N.Y. Giants 20 Miami 17
Minnesota 24 Carolina 21
Baltimore 30 Arizona 27
Detroit 45 Denver 10
Buffalo 23 Washington 0
San Francisco 20 Cleveland 10
Cincinnati 34 Seattle 12
Pittsburgh 25 New England 17
Philadelphia 34 Dallas 7
Tonight's game
All Times Eastern
San Diego at Kansas City, 8:30 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Winnipeg	17	10	7	0	408	402	20
x-Montreal	17	10	7	0	514	425	20
x-Hamilton	17	8	9	0	465	445	16
Toronto	17	5	12	0	364	482	10

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
x-B.C.	17	10	7	0	468	384	20
x-Edmonton	17	10	7	0	404	381	20
x-Calgary	17	10	7	0	481	452	20
Saskatchewan	17	5	12	0	326	459	10

x — clinched playoff berth.
WEEK 18
Yesterday's result
Calgary 32 Montreal 27
Saturday's results
B.C. 29 Edmonton 20
Saskatchewan 19 Hamilton 3
Friday's result
Toronto 27 Winnipeg 22

STAMPEDERS 32, ALOUETTES 27

First Quarter
Cal — TD Forzani 32 pass from Tate (Paredes convert) 3:15
Mtl — TD Whitaker 7 run (Whyte convert) 6:21
Cal — TD Cornish 1 run (Paredes convert) 8:03
Second Quarter
Mtl — TD McPherson 1 run (Whyte convert) 13:01
Cal — Single Dales 75 14:00
Third Quarter
Cal — TD Cornish 1 run (Paredes convert) 9:26
Mtl — TD Brouillette 72 run (Whyte convert) 14:24
Fourth Quarter
Cal — TD Forzani 18 pass from Tate (Paredes convert) 4:11
Mtl — TD Deslauriers 31 pass from Calvillo (two-point convert failed) 13:04
Cal — FG Paredes 41 14:02

Calgary	**14**	**1**	**7**	**10**	**32**
Montreal	**7**	**7**	**7**	**6**	**27**

Attendance — 24,051 at Montreal.
TEAM STATISTICS

	Cal	Mtl
First downs	28	24
Yards rushing	151	160
Yards passing	333	380
Total offence	484	540
Team losses	4	2
Net offence	480	538
Passes made-tried	25-36	24-43
Return yards	123	197
Intercepts-yards by	0-0	2-22
Fumbles-lost	1-0	2-60
Sacks by	1	0
Punts-average	6-50.5	8-38.0
Penalties-yards	5-45	9-92
Time of possession	30:43	29:17

Net offence is yards passing, plus yards rushing, minus team losses such as yards lost on broken plays.
INDIVIDUAL STATISTICS
Rushing: Cal — Cornish 15-71, Talley 2-31, Tate 2-28, Taylor 1-17, Burris 2-2, Reynolds 1-2; Mtl — Brouillette 1-72, Whitaker 16-69, Calvillo 3-17, McPherson 2-2.
Receiving: Cal — Forzani 6-108, Cote 2-57, Bryant 3-50, Lewis 3-44, Talley 3-29, Arthur 3-17, Franklin 1-15, Cornish 3-7, Reynolds 1-6; Mtl — Richardson 5-111, Green 6-86, Bratton 3-46, Carter 3-43, Deslauriers 1-31, Watkins 2-30, Whitaker 3-20, London 1-13.
Passing: Cal — Tate 25-36, 333 yards, 2 TDs, 2 ints; Mtl — Calvillo 24-43-380-1-0.

TENNIS

WTA BNP PARIBAS CHAMPIONSHIPS

At Istanbul
Singles — Championship
Petra Kvitova (3), Czech Republic, def. Victoria Azarenka (4), Belarus, 7-5, 4-6, 6-3.
Doubles — Championship
Liezel Huber and Lisa Raymond (2), U.S., def. Kveta Peschke, Czech Republic, and Katarina Srebotnik (1), Slovenia, 6-4, 6-4.

ATP ERSTE BANK OPEN

At Vienna
Singles — Championship
Jo-Wilfried Tsonga (1), France, def. Juan Martin del Potro (2), Argentina, def. 6-7 (5), 6-3, 6-4.
Doubles — Championship
Bob and Mike Bryan (1), U.S., def. Max Mirnyi, Belarus, and **Daniel Nestor (2), Toronto**, 7-6 (10), 6-3.

ATP ST. PETERSBURG OPEN

At St. Petersburg, Russia
Singles — Championship
Marin Cilic (4), Croatia, def. Janko Tipsarevic (2), Serbia, 6-3, 3-6, 6-2.
Doubles — Championship
Colin Fleming and Ross Hutchins (3), Britain, def. Mikhail Elgin and Alexander Kudryavtsev, Russia, 6-3, 6-7 (5), 10-8 (tiebreak).

GOLF

PGA SHANGHAI MASTERS

At Shanghai
Par 72 — Final Round
(x-won on first hole of a playoff)

x-Rory McIlroy, $2 million	64-69-65-72—270
Anthony Kim, $750,000	68-68-65-69—270
Noh Seung-yul, $267,500	72-63-67-73—275
Hunter Mahan, $267,500	65-72-68-70—275
Lee Westwood, $170,000	69-70-70-67—276
Ian Poulter, $150,000	67-71-67-72—277
Retief Goosen, $107,500	69-71-72-68—280
K.J. Choi, $107,500	73-70-70-67—280
Y.E. Yang, $81,833	69-73-68-72—282
Padraig Harrington, $81,833	67-70-73-72—282
John Daly, $81,833	69-70-72-71—282
Geoff Ogilvy, $69,000	73-70-66-74—283
Keegan Bradley, $69,000	72-68-72-71—283

SOCCER

MLS PLAYOFFS

All Times Eastern

EASTERN CONFERENCE

SEMIFINALS
Sporting Kansas City vs. Colorado
Last night's result
Kansas City 2 Colorado 0
Wednesday's game
Colorado at Sporting Kansas City, 7 p.m.
Houston vs. Philadelphia
Yesterday's result
Houston 2 Philadelphia 1
Thursday's game
Philadelphia at Houston, 8:30 p.m.

WESTERN CONFERENCE

SEMIFINALS
Los Angeles vs. New York
Yesterday's result
Los Angeles 1 New York 0
Thursday's game
New York at Los Angeles, 11 p.m.
Seattle vs. Real Salt Lake
Saturday's result
Real Salt Lake 3 Seattle 0
Wednesday's game
Real Salt Lake at Seattle, 10 p.m.

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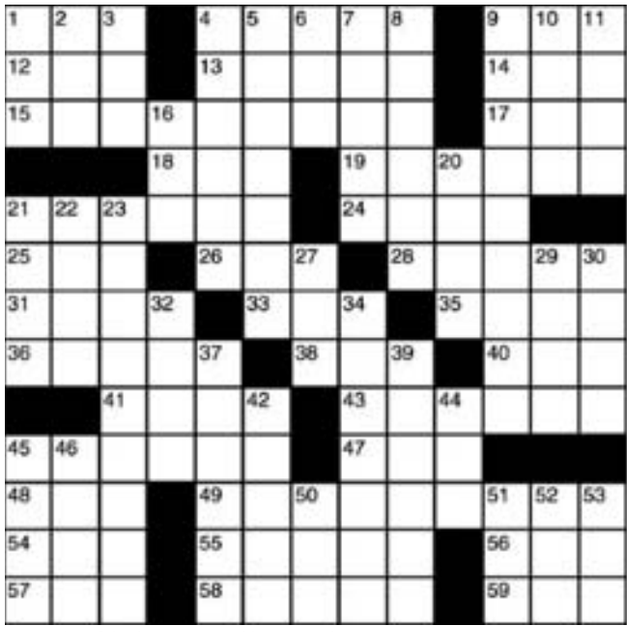
AVI urbart

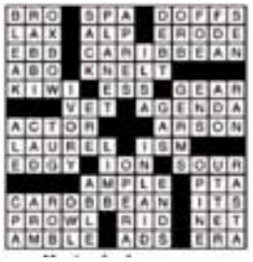
Crossword



Across
1 That guy
4 Actor Malcolm- — Warner
9 Throng
12 Historic time
13 Give a speech
14 Lawyers' org.
15 Mexican street musicians
17 Deteriorate
18 "CSI" evidence
19 Easter bouquet
21 Insist on
24 Racetrack tipster
25 Greek H
26 Pick a target
28 Water nymph
31 The Red Planet
33 Curved line
35 Knob on a shield
36 Of a pelvic bone
38 Weep loudly
40 Right angle
41 Guitarist Lofgren
43 Tidbit
45 Slanted typeface
47 — choy
48 Wicked
49 Showy yellow flowers
54 Anger
55 Buckwheat pancakes
56 "Of course"
57 "Mayday!"
58 Marsh plant
59 Ram's mate

Down
1 Height of fashion?
2 Gershwin brother
3 Scratch
4 "AbFab" actress Lumley
5 Region of simple, quiet pleasure
6 — -jongg
7 Cockeyed
8 Injury
9 Eastern Canadian provinces
10 Reed instrument
11 Dugout supply
16 Greek mountain
20 Waikiki wingding
21 Actress Moore
22 And others (Lat.)
23 Tenderizing sauces
27 "— Doubtfire"
29 Competent
30 Barbie or Raggedy Ann
32 Take to the seas
34 Barbershop treatment
37 Goes up
39 Dance to rock music
42 Weighing device
44 Old theater letters
45 Wading bird
46 Poi base
50 Disencumber
51 Caustic solution
52 Morning moisture
53 Away from NNW

▶ Yesterday's answer



Sudoku

1					8		2	
			5	3			6	
	5		7					4
	8	9		1				
3			6		7			5
				5		9	1	
2					9		4	
	3			7	5			
	9		3					6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	9	2	7	1	6	8	4	3
8	4	1	2	3	5	6	9	7
3	7	6	8	9	4	1	5	2
4	6	7	9	8	2	5	3	1
1	8	9	5	7	3	4	2	6
2	5	3	4	6	1	9	7	8
6	1	4	3	5	7	2	8	9
7	2	8	6	4	9	3	1	5
9	3	5	1	2	8	7	6	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Tannis
You have been a wonderful girlfriend, who I can always trust and rely on. I am not perfect but as you know I am working on improving myself. You are more than what I want in my life. So here is the kiss for you to say thank you for everything. Sorry if I upset in the past, but you must know that I love you with all my heart and soul. You are the only one for me. Keep loving me sweetie.
FROM JAMES

Dear Gemini Gal
I love your blond hair, killer smile and beautiful blue eyes. The other day I saw you with a chimp in zoo. Obviously you love animals, good for you. If you are free and want to go for a drink, fire me a kiss.:):)
FROM I AM INTO YOU

A look at the weather

TODAY	TUESDAY	WEDNESDAY
Min -8°	Min 2°	Min 1°
Max 7°	Max 3°	Max 7°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 5:30AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You may not want to go above a colleague's head and appeal to a higher authority today but you have no choice in the matter.

♉ Taurus April 21-May 21 If you need a helping hand as the new week begins don't be embarrassed to ask.

♊ Gemini May 22-June 21 No one expects you to do it all, so don't expect it of yourself.

♋ Cancer June 22-July 22 Cancer is a cardinal sign and that means you were born to achieve.

♌ Leo July 23-Aug.23 People will respond to you better this week of you can make them believe that by helping you they will also in some way be helping themselves.

♍ Virgo Aug. 24- Sept. 22 Never give up hope. Never believe that you are destined to fail.

♎ Libra Sept. 23-Oct. 23 There may be a small but important detail that you have overlooked and only a fresh pair of eyes can see it.

♏ Scorpio Oct. 24-Nov. 22 Not even a Scorpio can win every time.

♐ Sagittarius Nov. 23-Dec. 21 Resist the temptation to jump to conclusions and make accusations that you may not be able to back up with facts.

♑ Capricorn Dec. 22-Jan. 20 You will be thrust into the spotlight at some point today and it may not be an entirely enjoyable experience.

♒ Aquarius Jan. 21-Feb. 18 It may be the case that someone you thought was a friend has been using you to get ahead in their career, but don't make an issue of it.

♓ Pisces Feb. 19-March 20. You may have to bend the truth a little today, especially if there is money at stake. SALLY BROMPTON

Caption contest

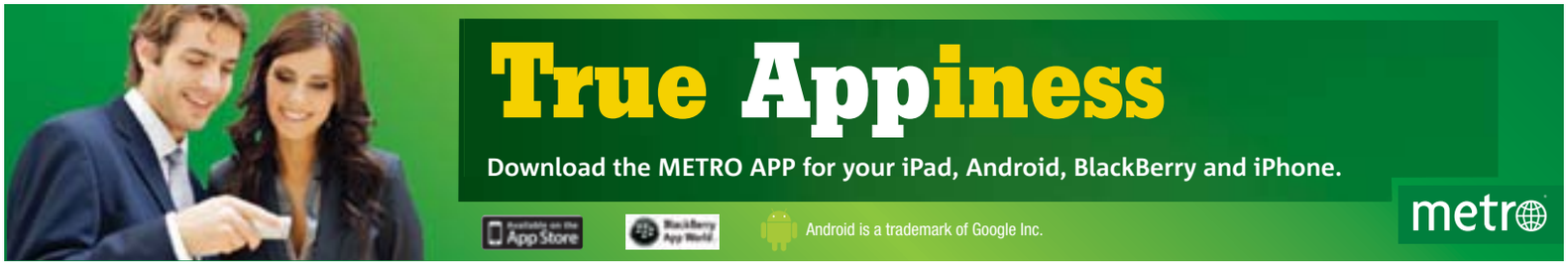
PATRICK SEMANSKY/ THE ASSOCIATED PRESS

RALPH ORLOWSKI/GETTY IMAGES

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



Lenny Leblanc in Concert

Venue:
AIRDRIE TOWN & COUNTRY CENTRE
275 Jensen Dr. NE. Airdrie, AB

Date/Time: Friday, November 4 - 7:00pm

Admission: $15.00

Tickets Available at:

BLESSINGS CHRISTIAN MARKET PLACE
8 -1825 32 Ave. Calgary NE
Phone: 403.444.0985

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